

Selling Clean as Risk Management

Using ISSA's Value of Clean® Safety Tool



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Objectives

- Define the value of cleanliness to facility executives or building service contractors
- Demonstrate how safety awareness, site-based audits, policies, and products create a safe work environment for occupants, visitors, and front line workers
- Verify how investments in safety products, proper matting, and documented cleaning programs can reduce potential hazards, slips, and falls in the workplace
- Review third-party studies, white papers, and insurance data demonstrating that a safe facility reduces potential risk and reduces cost
- Identify workplace hazards and potential injuries to frontline cleaning workers

Employer Responsibilities Under OSHA*

- Provide employees with work and workplaces that are safe and healthy
- Be aware of the hazards employees face on the job, train every worker about the specific hazards, and keep records of this training
- Correct any hazardous conditions that may result in serious injury to employees
- Comply with all applicable OSHA standards
- Notify the nearest OSHA office of any serious injury or any serious illness caused by the job
- Display OSHA's Safety and Health Protection on the Job poster so workers are aware of basic rights and responsibilities





EU Employer Responsibilities

The European Agency for Safety and Health at Work provides a Framework Directive 89/391/EEC and underlying directives apply to all businesses, including cleaning. Among them are:

- 89/654/EEC minimum safety and health requirements for workplaces
- □ 89/655/EEC the use of work equipment
- □ 89/656/EEC personal protective equipment
- 90/269/EEC manual handling of loads
- □ 2002/44/EEC physical agents such as vibrations
- 2003/10/EEC noise



European Agency for Safety and Health at Work



https://osha.europa.eu/en/publications/literature reviews/cleaning workers and OSH

The Financial Incentive to Improve Safety

- More than 4.1 million U.S. workers suffer a serious job-related injury or illness
- The cost paid by American employers for workers' compensation is \$74 Billion annually. Additional hidden costs involve real expenditures of time and budget dollars
- An injury and illness prevention program and a "safety culture" reduce work related injuries
- Prevention programs are less expensive than the total cost related to workplace injuries
- Employers that implement workplace safety programs reduce workers' compensation premiums and enhance their overall business operation
- Typically, for most European Union countries, the costs of accidents at work and occupational ill health range from 2.6% to 3.8% of GDP

https://www.osha.gov/dsg/topics/safetyhealth/OSHAwhite-paper-january2012sm.pdf https://osha.europa.eu/en/topics/good-osh-is-good-for-business/index_html

Quality Cleaning Can Reduce Safety Risks

Floor Safety

- Slips, trips, and falls can be reduced and prevented with a comprehensive risk assessment
- Proper cleaning procedures, best practices, and effective cleaning products reduce the potential for slip, trip, and fall incidents
- Scientific instrumentation and standards verify risk and validate the opportunity to implement cost effective solutions to floor safety

Workplace Safety

- Third-party studies, regulatory compliance, and safety standards substantiate the need for a policy, technical training, and a commitment to workplace safety
- Workplace safety reduces cost and potential risk associated with job related injuries
- Insurance premiums and fines can be reduced with a workplace safety audit and the guidance for custodial operations

Financial Impact of Safety Programs

- OSHA estimates that implementation of an injury/illness prevention program reduces a firm's workplace injuries by 15% to 35% compared to firms that have not implemented a program
- ServiceMaster reduced its workers' compensation costs by \$2.4 million over a two-year period following improvements to its safety and health program
- The American Society of Safety Engineers reports that one company's fall protection program reduced its costs by 96% (from \$4.25 to \$0.18 per labor hour)
- A Liberty Mutual survey found that every dollar spent on workplace safety returns \$4.41 in savings
- European studies estimate for every euro invested in occupational safety and health, there is a return of 2.2 euros

http://www.asse.org/professionalaffairs_new/positions/roi.php

International Social Security Association Final Report 2013 Calculating the international return on prevention for companies: Costs and benefits of investments in occupational safety and health.

Business Executive Top Reasons to Adopt a Safety Program



White Paper on Return of Safety Investment. American Society of Safety Engineers (ASSE), (June, 2002)

How to Evaluate Workplace Risks

- Is the process working effectively?
- Have the control measures eliminated or reduce the risks?
- Is new information available?

- Determine priorities and implement the control measures
- Monitoring the new control measures



- Identify all hazards associated with the system of work
- Is there a regulation or code of practice about the hazard?

- Assess the risks of injury or ill health arising from the hazard
- Who might be harmed and how?
- Qualitative and quantitative analysis



Floor Safety



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U.S. Slip and Fall Statistics

- Slips and falls are the leading cause of worker's compensation claims
- Floors and flooring materials contribute directly to more than 2 million fall injuries each year
- 85% of worker's compensation claims are attributed to employees slipping on slick floors
- 22% of slip & fall incidents resulted in more than 31 days away from work for each injured worker
- □ 65% of all lost workdays are due to slip/fall accidents
- Slips and falls account for over 1 million hospital emergency room visits









http://www.nfsi.org/the_costs.php

Causes of Slips, Trips, and Falls



Research, based on insurance claims data, reveals 5 major causes responsible for slips, trips, and falls

Slip-and-fall injuries continue to be the leading source of general liability claims incurred by CNA commercial insurance policyholders in the real estate sector

A property owner's slip and fall prevention strategy should focus on an approach that addresses all 5 causes



http://www.nfsi.org/the_problem.php

Top 10 Slip and Fall Hazards

- 1. Contaminants on the floor: water, grease, oil, and fluids
- 2. Poor drainage: pipes and drains
- 3. Damaged, warped, buckled or uneven flooring surfaces
- 4. Outdoor walking surface irregularities
- 5. Weather conditions: ice and snow
- 6. Inadequate lighting
- 7. Stairs and handrails
- 8. Stepstools and ladders
- 9. Tripping hazards: clutter, cords, hoses, and wires
- 10. Improper use of floor mats and runners

http://www.cdc.gov/niosh/docs/2011-123/pdfs/2011-123.pdf





Costs of Slips and Falls

- Compensation and medical costs associated with employee slip & falls total ~\$70B / yr.
- □ Average cost of litigation now exceeds \$61,000
- □ Average slip and fall settlement is \$24,000
- □ Average jury award tops \$100,000
- Loss of productivity and business
- Increased industrial insurance premiums
- Costs associated with training a replacement worker
- Since 1980, personal injury lawsuits have risen by more than 300%
- Slip, trip, and fall injuries costs in the U.K. are nearly
 1 billion pounds per year







ANSI Floor Safety Standards

- B101.0 Walkway Surface Auditing Procedure for the Measurement of Walkway Slip Resistance
- B101.1 Test Method for Measuring Wet SCOF of Common Hard-surface Floor Materials
- B101.2 Test Method for Determining the Impact on Wet Dynamic Coefficient of Friction of Various Chemical or Physical Walkway Surface Treatments
- B101.3 Test Method for Measuring Wet DCOF of Common Hard-surface Floor Materials (Including Action and Limit Thresholds for the Suitable Assessment of the Measured Values)
- B101.5 Standard Guide for Uniform Labeling Method for Identifying The Wet Static Coefficient of Friction (Traction) of Floor Coverings, Floor Coverings with Coatings, and Treated Floor Coverings
- B101.6 Standard Guide for Commercial Entrance Matting in Reducing Slips, Trips, and Falls

http://www.nfsi.org/standards.php

Checklist for Recognizing Sli	p, Trip and Fall Hazards
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1.	General Work Environment	OK?	CORRECTIVE ACTIONS
•	Documented, functioning housekeeping program in place		
•	All workstations clean, sanitary and orderly		
•	Adequately lit		
•	Work surfaces kept dry		
•	Spills cleaned up immediately according to proper procedures		
•	Combustible scrap, debris and waste stored safely and removed from worksite properly		
•	Regulated waste discarded according to federal, state and local regulations		
•	Accumulations of combustible dust routinely removed from elevated surfaces		
•	Oily and paint-soaked waste disposed in metal waste cans		
•	Other:		
•	Other:		
•	Other:		
No	ites:		

National Safety Council Checklist for Recognizing Slip, Trip, and Fall (STF) Hazards

This valuable tool can be used for a site-based facility audit



This material is provided courtesy of the National Safety Council and produced under the Susan Harwood Grant from the Occupational Safety and Health Administration, U.S. Department of Labor. © 2006 National Safety Council. All rights reserved.



http://www.issa.com/data/files/articles/88/NSC Checklist STFHazards.pdf

Cleaning Recommendations

- Inspect walkways frequently for potential slip and, fall hazards
- Ensure that staff is trained in slip, trip and fall prevention
- Ensure that floor cleaning products are properly used
- Ensure that permanently installed features, like carpet runners and entrance matting, are included in the maintenance and housekeeping program
- □ Remove walkway hazards immediately once they are identified
- When a spill is identified, employees are to remain with the spill until removal is completed
- Barricade traffic aisles or single entrance rooms when cleaning is in progress and until floors are dry
- Wear resistant shoes

http://www.nfsi.org/pdfs/CNA_RC-071_InControlSTF_r1b.pdf

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HSE information sheet



Slips and trips: The importance of floor cleaning

Slips and Trips 2

Introduction

Slips and trips are the most common cause of major injuries at work. Around 90% of these are broken bones. The costs to industry are substantial (over £500 million per year) and there is incalculable human cost and suffering to those injured. Floor cleaning is significant in causing slip and trip accidents, both to cleaning staff and others.

Legal actions following an injury can be extremely damaging to business, especially where the public is involved. Insurance only covers a small part of the cost.

Effective solutions are often simple, inexpensive and can lead to other benefits.

The most effective approach is to ensure that slips and trips hazards are designed out of a building. Consulting with the cleaners during refurbishment for example, can provide valuable information on the suitability of proposed flooring types and storage facilities for cleaning equipment.

This information sheet provides guidance on reducing slips and trips from cleaning activities and will be useful to those who:

- employ or supervise cleaners;
- manage cleaning contracts;
- manage premises where cleaning takes place (either in-house or contracted out);
- are involved in workplace health and safety, for example safety representatives.

Case study: Woman loses leg following two slip accidents

Alison was an occupational therapist in a large hospital when she had two slip accidents at work.

The first happened in 1986. Alison slipped on rotting leaves on the concrete steps of the hospital on her way in. The leaves were supposed to be cleared on a daily basis, but had not been because of staff shortages. She fell heavily on her right knee and was still in pain three months later, when she was told she needed surgery.

In 1992 she slipped again, this time on a wet vinyl floor. Someone had mopped the floor and failed to

dry it or put out any barriers or warning signs. She slipped and fell directly onto her right ankle. Over the next few years she faced 30 operations. Eventually she was told that the only solution was to have her foot amputated. Recently Alison had a 32nd operation when her leg was amputated at the knee.

As anyone can imagine, these easily avoidable accidents have had a horrendous effect on Alison's life. She was an active 21 year old who enjoyed dancing, aerobics and jogging. She cannot do any of these activities now and spends a lot of her time in a wheelchair.

Although she received extensive compensation, she has lost her job and will never work again because of ongoing problems. Alison said no amount of money can compensate for what happened to her.



Health and Safety Executive (HSE) is the national independent watchdog for work-related health, safety, and illness in the U.K.

Floor Cleaning information sheet: detail safety precautions, monitoring systems, and cleaning recommendations for facility service providers and property managers.

Control measures to prevent slip and falls

- Management systems
- Contamination control
 - Preventing contamination, choose the right cleaning method
 - Make sure cleaning does not introduce an additional slip risk
 - Obstacle removal



http://www.hse.gov.uk/pubns/web/slips02.pdf

Floor Sign Recommendations

- Employees should be trained to post signs when a hazard is present and remove them promptly when the hazard no longer exists
- Be at least 28" tall and be visible from 360
 Degrees
- Have a large stable base to contain hazards
- Be stored close to all entrances and be easy to locate







Frontline Worker Safety



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Incidence Rates with Days Away from Work

Chart A. Rates for selected occupations¹ with high case counts, by ownership, 2012



¹ These occupations had at least one percent of the days-away-from-work cases in the respective ownerships.



http://www.bls.gov/news.release/pdf/osh2.pdf

Most Frequent OSHA Citations for Cleaning Operations Federal 7349 SIC Codes

- Bloodborne pathogens
- Hazard communication
- Eye and face protection
- Hand protection
- Air contaminants
- Fixed ladder

http://www.osha.gov/dcsp/products/topics/cleaningindustry/standards.html





Tasks, Risks, and Potential Solutions

Task	Risk Factors	Potential Solutions
	Reaching	Long-handled Tools
	Bent back	Angled tools
	Squatting	Lightweight cleaning heads
Dusting and Sawahing	Kneeling	Squeegees for cleaning glass
Dusting and Scrubbing	Bent wrists	Battery powered scrubbers
	Hand force	Appropriately sized gloves
	Repetitive motions	
	Loose-fitting gloves	
	Pushing and pulling forces	Lightweight canister vacuums
	Lifting	Backpack vacuums
Manuscina	Repetitive motions	Self-propelled upright vacuums
vacuuming	Grip force	Height-adjustable loop handles
	Bent wrists	Wide area vacuums
	Bent back	
	Lifting	Hose to fill bucket at ground level
	Carrying	Bottom-draining buckets
Manning	Hand force	Lightweight mop heads
wopping	Repetitive motions	Adjustable length handles
	Bent back	Microfiber mops, vapor steam cleaners
	Elevated shoulders	No-touch cleaning systems
	Hand force	Ride-on or walk-behind floor machines
	Bent wrists	Equipment maintenance programs
Stripping and Buffing	Repetitive motions	
	Pushing and pulling	
	Vibration	
	Lifting	Smaller trash bags
	Added force to overcome trash can suction	Vent holes or channels in trash cans
Handling Trash	Carrying	Side opening trash containers
	Pushing and pulling	Locating dumpsters underneath loading docks
		Mechanical trash dumpers
	Lifting	Lightweight and / or wheeled furniture
Moving furniture	Carrying	Wheeled lifting devices
	Push and pull forces to fold cafeteria tables	Friction reducing aids
		Spring assisted folding cafeteria tables

Hazards of Cleaning: Strategies for Reducing Exposures to Ergonomic Risk Factors. R. Goggins. March: 20-27.

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S



Work-related Musculoskeletal Disorders (WMSD)



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Health and Safe Executive

Caring for cleaners

Guidance and case studies on how to prevent musculoskeletal disorders



This is a free-to-download, web-friendly version of HSG234 (First edition, published 2003), This version has been adapted for online use from HSE's current printed version.

You can buy the book at www.hsebooks.co.uk and most good bookshops.

ISBN 978 0 7176 2682 3 Price £9,50

This publication is designed for all those involved in the management of health and safety in the cleaning industry. It will be useful for employers, managers/supervisors, health and safety personnel, trainers, safety and union representatives and cleaners themselves.

Guidance is provided on recognising and controlling the manual handling and upper limb risks faced by cleaners at work. A number of case studies are also provided, focusing on how organisations have reached a solution.

Many of the solutions suggested are simple cost-effective measures that were developed through co-operation between supervisors, managers, safety representatives and cleaners. By applying the guidance in this book, workrelated ill health and injuries suffered by cleaners can be significantly reduced. This publication is designed for all those involved in the management of health and safety in the U.K. cleaning industry.

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HSE Books

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http://www.qub.ac.uk/safety-reps/sr webpages/safety downloads/caring for cleaners.pdf

Cleaning Worker Activities

- □ Vacuuming
- Mopping lifting buckets wringing mops
- Floor buffing swing machine
- Trash removal
- Equipment transport carry machine
- Moving objects
- Lifting furniture
- Reaching, stooping, and bending
- Pushing, pulling, and jerking







Cleaning Worker Risk

- Cleaning tasks are labor intensive
- Repetitive motion tasks
- Equipment may cause vibration
- Lack of proper training
- Poor lifting methods
- Heavy physical work
- Bending, twisting, reaching or crouching
- High workload and time restraints
- Rapid hand movements
- Unsuitable work heights

http://www.qub.ac.uk/safety-reps/sr_webpages/safety_downloads/caring_for_cleaners.pdf







Safety Tips and Recommendations



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Effective Ergonomic and Safety Programs

- □ Management commitment and employee participation
- Job hazard analysis
- Control ergonomic risks
- WMSD management systems
 - Record keeping
 - Assessment
 - Solutions
- Ongoing training and education





General Ergonomics Cleaning Tips

- Bend at the knees
- Relax grip on tools
- Avoid bending wrist as much as possible
- Minimize wringing mops and cloths by hand
- Switch hands and arms periodically
- Remove trash without lifting set can on liner
- Do not compact trash in waste receptacles with your hands
- Do not "hammer throw" trash bags into dumpster
- Provide tilt carts to remove heavy trash bags



Ergonomic Machine Tips

- Low-vibration machines
- □ Floor machines with 2-3 finger controls
- Low handle weight padded handle adjustable handles
- Machines that are brush or motor propelled
- Quiet-machines 70 dBA or less
- □ Lower start torque, low running torque
- □ Good visibility
- □ Lower center of gravity for ride-on equipment
- No bending; use good posture
- □ Light-weight machines easy to control



Ergonomic Mopping Tips

- Low-profile floor drains to empty buckets
- □ Workers move feet side to side when they mop
- Use smaller / lighter-weight mop heads
- Adjustable light-weight aluminum mop handles
- High-profile wringer easy to press wringer handle
 lightweight buckets
- □ Flat mops / aluminum handles
- Use systematic, overlapping passes; avoid push / pull action
- Do not cross midline with arms; no extreme twisting
- Stand upright
 - Take breaks to look up and stretch neck





Technical Training - Outcome

- Trained workers have less job-related injuries
- Trained workers are more productive
- Trained workers cause less asset damage
- Trained workers experience fewer occupant complaints
- Trained workers reduce and contain insurance premiums

SAFETY RESPONSIBILITY DEPENDS ON EVERYONE



Want This for Your Team?

Complimentary when you join or renew ISSA membership for 2015.

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